

Sweetness & Light

Newborn Sessions

Newborns are best when photographed between 2-3 weeks of age and around 7-8lbs. A baby is considered a newborn 4 weeks and under. If your baby is 6 weeks or older, we suggest waiting until they are 3 months of age. Generally acne will kick in around 3-4 weeks and stay for quite awhile. This doesn't happen in all babies, but it is very common. In addition, 7 or 8 week old babies are not newborn and not holding their head up, and have a challenging time in sessions. However, regardless of what age you decide to come to our studio, we will do our best to capture every tiny beautiful moment! And acne can ALWAYS be retouched!

Please know, that 99% of babies pee and poop in the studio. On the photographer - on Mom or Dad - on the materials - anywhere really - and it's ok. We are prepared. We have materials and pads in the studio and they are all washable and we wash them after every session anyway. We also keep wipes on hand, paper towels, sanitizers, Vaseline, shine papers and a slew of other things to have on hand. So relax! You are going to be here awhile!

Let's get onto the prep. The following items are ones that we suggest bringing to a newborn session:

- Blanket (s) - solid is best and the softer the better. If the baby is naked, we may wrap the baby in a blanket in between shots, or use the blanket in the shot. It is best to have a backup, in case accidents occur. We also have a variety of blankets and background covers as well.
- Pacifier- even if you are not sure if they will take it, or they hate it. So many babies take pacifier in the studio because they want to be soothed.
- Food - if Mom is nursing - we suggest nursing at the studio before the session. This will relax and calm the baby. If you are bottle feeding, please bring an extra bottle. Even if a baby is fully fed, they will generally have an extra feeding at some point. This will not ruin their schedule, but you will find it will comfort them.
- Nursery items - you are welcome to bring stuffies, silver rattles, or other nursery items that you would like incorporated into the session.
- Clothing - Please bring any special outfits you would like the baby to be photographed in. Mom and Dad should match in tone, and try and keep things solid and simple. Stripes or patterns will be distracting and take away from the photo. We also ask that watches be removed during a photo session. The only cute faces we want to see are yours!

Parents- we know that Mom - you have just had your baby and clothing choices are slim at best. We can wrap you in draping cloth as well. Some parents like to bring light and dark clothing, so that we have some options. We will adjust the background to your clothing colors. We have several solid and patterned muslin backdrops to work with any clothing attire.